

**Weekly Diabetes Update**  
**6/04/2007**

**1. Cardiovascular Disease in Patients With Type 2 Diabetes: Update on Treatment**

This CME/CE activity highlights recent data on treatment strategies that may impact CV outcomes in patients with type 2 diabetes. It has been designed to meet the educational needs of endocrinologists, cardiologists, primary care physicians, internal medicine specialists, and diabetes educators. New insights on the etiology and diagnosis of cardiovascular disease in this population are reviewed. The current guidelines for management of CV events are highlighted.

After completion of this activity, participants should be able to:

- Discuss new insights into the etiology, diagnosis, and prognosis of CVD in patients with type 2 diabetes
- Review the results of recent studies of the use of FDA-approved and investigational agents for the management of cardiovascular risk in patients with type 2 diabetes
- Evaluate current guidelines and standards of care for the management of adverse cardiovascular events with type 2 diabetes

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Go online to participate in this activity at [www.peerviewpress.com/k/5259](http://www.peerviewpress.com/k/5259)

**2. American Heart Association Releases Recommendations To Reduce Risk of Giving Birth to Infant With Heart Disease**

The American Heart Association released new recommendations to help women reduce the risk of giving birth to an infant with heart disease, Reuters reports. According to Reuters, AHA estimates that nine out of 1,000 infants in the U.S. will have some form of congenital heart disorder. Congenital cardiovascular defects are the most common birth defects, Reuters reports (Reuters, 5/22).

The recommendations, published in the journal *Circulation*, include: Speaking to physicians about good care before conceiving and giving birth; taking daily multivitamins containing 400 micrograms of folic acid or a folic acid supplement; being screened for diabetes, rubella and measles; reviewing the use of medications, including over-the-counter drugs, with a doctor; and avoiding contact with people who have the flu or other fever-related illnesses. The recommendations are a "new way of thinking and a positive vision of how prospective mothers can influence and protect a child from being born with a heart defect," Kathy Jenkins -- senior associate in cardiology at Children's Hospital Boston and an associate professor of pediatrics at Harvard Medical School -- said (CBC News, 5/22).

According to AHA, the new guidelines can be applied even before a woman becomes pregnant (Reuters, 5/22). The guidelines are available online.

Access this story and related links online: [http://www.kaisernetwork.org/daily\\_reports/rep\\_index.cfm?DR\\_ID=45127](http://www.kaisernetwork.org/daily_reports/rep_index.cfm?DR_ID=45127)

**3. Pennsylvania Governor Signs Executive Order Establishing Health Disparities Office**

Pennsylvania Gov. Ed Rendell (D) on Monday signed an executive order to permanently establish the Office of Health Equity, which will seek to reduce racial and other health disparities in the state (AP/Philadelphia Daily News, 5/21).

Access this story and related links online: [http://www.kaisernetwork.org/daily\\_reports/rep\\_index.cfm?DR\\_ID=45070](http://www.kaisernetwork.org/daily_reports/rep_index.cfm?DR_ID=45070)

**4. The Missouri Model for Brief Smoking Cessation Trainings**

This evidence-based approach to smoking cessation is targeting health care providers who work with women of reproductive age. Eight, four-hour trainings are being offered July - September 2007 at no charge.

## **5. OSHA Releases Pandemic Flu Response Guidelines for Health Workers**

The Occupational Safety and Health Administration (OSHA) on Monday released a report to help health workers prepare for and respond to an outbreak of pandemic influenza, CQ HealthBeat reports. The comprehensive guide, which is available online, offers targeted information on infection control, workplace planning and OSHA standards of particular relevance to infection control in health care settings. The guide also features communication tools, links to Web-based resources, sample infection control programs and resources on self-triage. In addition, users can access instructions on diagnosing and treating staff, communicating risks, and developing planning and supply checklists. In the event of a pandemic, OSHA also will update the federal pandemic flu Web site to reflect the latest guidance. Jeff Levi, executive director of the public health advocacy group Trust for America's Health, says that, while the OSHA guide will help strengthen health care workers' voluntary pandemic preparations, the government should make the standards outlined in the report mandatory to ensure effective response. Meanwhile, the director of pediatric emergency medicine at the Medical College of Georgia Hospital and Clinics cautions that the guide does not address some key issues such as priority protocols for rationing medical supplies, which he says should be addressed at the state or federal level (CQ HealthBeat, 5/21/07 [subscription required]; Corwin, Augusta Chronicle, 5/22/07 [registration required]; OSHA release, 5/21/07; OSHA report, [http://www.osha.gov/Publications/OSHA\\_pandemic\\_health.pdf](http://www.osha.gov/Publications/OSHA_pandemic_health.pdf) 5/21/07).

## **6. Many Hispanics, Blacks Have Difficulty Paying for Prescription Drugs, AARP Report Finds**

High prescription drug prices make it difficult for Hispanics and blacks to pay for the medications they need, putting their health at risk, according to an AARP report released on Thursday, United Press International reports (United Press International, 5/24). Access the AARP 2006 Prescription Drug Study with Hispanics and African Americans at following link: [http://assets.aarp.org/rgcenter/health/hisp\\_aa\\_rx.pdf](http://assets.aarp.org/rgcenter/health/hisp_aa_rx.pdf). Access this story and related links online: [http://www.kaisernetwork.org/daily\\_reports/rep\\_index.cfm?DR\\_ID=45167](http://www.kaisernetwork.org/daily_reports/rep_index.cfm?DR_ID=45167)

## **7. Funding**

### **Women and Children's Needs. Women Helping Others (WHO) Foundation**

The WHO Foundation announces funds to support projects and programs addressing health, education, and social service needs of women and children. Eligible applicants include nonprofit organizations. The deadline for applications is September 11, 2007. For further information, go to: <http://whofoundation.org/>

### **Health and Education Programs for Children with Disabilities**

CVS Caremark Charitable Trust announces funds to support: 1) health programs that serve children with disabilities, address awareness, accessibility, early intervention, health and rehabilitative services and; 2) grades pre-K through 12 that are expanding programs which promote inclusion of children with physical, developmental, or sensory disabilities in all aspects of school functions, including student academic activities, extracurricular programs, and physical activity/play. Eligible applicants include nonprofit organizations. The deadline for applications is June 15, 2007. For further information, go to: [http://www.cvs.com/corpInfo/community/charitable\\_mission.html](http://www.cvs.com/corpInfo/community/charitable_mission.html) or [http://www.cvs.com/corpInfo/community/charitable\\_mission.html](http://www.cvs.com/corpInfo/community/charitable_mission.html)

## **8. American Diabetes Association Camp for Kids**

Each summer the American Diabetes Association conducts a camp for children with diabetes at Camp Shawnee near Parkville, Missouri. The camp has been going on for 55 years and this summer there will be 120 children with Type 1 diabetes throughout the greater Kansas City Metro area attending.

It costs over \$150,000 to conduct this camp and it would not be possible without the generous support of the greater KC community. Though the true cost is \$1,250 per camper, the registration fee is only \$350 / per camper. In addition, NO CHILD IS DENIED AN OPPORTUNITY TO ATTEND CAMP DUE TO FINANCES!

Camps for Kids has been a major sponsor of the Diabetes Camp and is coordinating a program whereby a tax-deductible contribution will be matched dollar for dollar (up to \$1,500) to support campers. Each \$100 you contribute will be worth \$200... \$1,000 gift worth \$2,000 and so on!!!!

Click on the below link to find out more about the ADA Diabetes camp and simply click on the "Make A Donation" button to make a contribution to help send a child to camp. You can also visit [http://www.campsforkids.org/KC\\_Diabetes\\_Camp.aspx](http://www.campsforkids.org/KC_Diabetes_Camp.aspx).

ADD will invite the donors to camp for dinner one evening during camp for a meal with the campers to show their thanks!

If you have any additional questions regarding this program or the ADA Diabetes Camp, please contact Mike Winburn (913-383-8210 ext. 6849) or [mwinburn@diabetes.org](mailto:mwinburn@diabetes.org).

#### **9. Nutrition Recommendations and Interventions for Diabetes-2006**

The position statement of the American Diabetes Association for Nutrition Recommendations and Interventions for Diabetes-2006 appears in American Diabetes Association 29 (9) 2140, 2006—Diabetes Care and can be accessed at <http://care.diabetesjournals.org/cgi/reprint/29/9/2140>.

#### **10. Prediction of Incident Diabetes Mellitus in Middle-aged Adults: The Framingham Offspring Study**

The article can accessed at <http://archinte.ama-assn.org/cgi/content/abstract/167/10/1068?etoc>.

#### **11. Quality Improvement Pays Off in Diabetes Care**

This article should be of interest to everyone working with diabetes. Access it at [http://www.eurekalert.org/pub\\_releases/2007-05/uocm-qie051407.php](http://www.eurekalert.org/pub_releases/2007-05/uocm-qie051407.php).